

LESSON PLAN FOR SUMMER SESSION (2024-25)

Name of Faculty : SUSMITA NAYAK		
Discipline: CIVIL ENGINEERING		
Semester: 6 th		Practical : 2P/ W
Subject: LIFE SKILL		Total Periods: 30 Periods
Semester From date 04.02.2025		To Date : 17.05.2025
MONTH & Weeks	Practical 1Day/week 2P/week Total- 19weeks	Topic
1st		1. SOCIAL SKILL
	1st	1.Society, Social Structure, Develop Sympathy and Empathy Swot Analysis – Concept, How to make use of SWOT Inter personal Relation: Sources of conflict, Resolution of conflict , Ways to enhance interpersonal relation
	2nd	1.Society, Social Structure, Develop Sympathy and Empathy Swot Analysis – Concept, How to make use of SWOT Inter personal Relation: Sources of conflict, Resolution of conflict , Ways to enhance interpersonal relation
2nd	1st	a. SWOT analysis:- Analyse yourself with respect to your strength and weaknesses, opportunities and threats. Following points will be useful for doing SWOT.
	2nd	a. SWOT analysis:- Analyse yourself with respect to your strength and weaknesses, opportunities and threats. Following points will be useful for doing SWOT.
3rd	1st	a) Your past experiences, b) Achievements, c) Failures, d) Feedback from others etc.
	2nd	2. Steps of Problem solving: ▪ Identify and clarify the problem, ▪ Information gathering related to problem,
4th	1st	▪ Evaluate the evidence, ▪ Consider alternative solutions and their implications,
	2nd	▪ Choose and implement the best alternative, ▪ Review
5th	1st	▪ Problem solving techniques: 1) Trial and error, 2) Brain storming, 3) Lateral (Out of Box) thinking

	2nd	b. Solve the True life problem assigned by the Teacher.
6th	1st	b. Solve the True life problem assigned by the Teacher.
	2nd	3. PRESENTATION SKILL Body language , Dress like the audience Posture, Gestures, Eye contact and facial expression. STAGE FRIGHT , Voice and language – Volume, Pitch, Inflection, Speed, Pause Pronunciation, Articulation, Language, Practice of speech. Use of AV aids such as Laptop with LCD projector, white board etc.
7th	1st	3. PRESENTATION SKILL Body language , Dress like the audience Posture, Gestures, Eye contact and facial expression. STAGE FRIGHT , Voice and language – Volume, Pitch, Inflection, Speed, Pause Pronunciation, Articulation, Language, Practice of speech. Use of AV aids such as Laptop with LCD projector, white board etc.
	2nd	3. Working in a Team Form a group of 5-10 students and do a work for social cause e.g. tree plantation, blood donation, environment protection, camps on awareness like importance of cleanliness in slum area, social activities like giving cloths to poor etc.(One activity per group where Team work shall be exhibited)
8th	1st	3. Working in a Team Form a group of 5-10 students and do a work for social cause e.g. tree plantation, blood donation, environment protection, camps on awareness like importance of cleanliness in slum area, social activities like giving cloths to poor etc.(One activity per group where Team work shall be exhibited)
	2nd	3. PRESENTATION SKILL Body language , Dress like the audience Posture, Gestures, Eye contact and facial expression. STAGE FRIGHT , Voice and language – Volume, Pitch, Inflection, Speed, Pause Pronunciation, Articulation, Language, Practice of speech. Use of AV aids such as Laptop with LCD projector, white board etc.
9th	1st	3. Working in a Team Form a group of 5-10 students and do a work for social cause e.g. tree plantation, blood donation, environment protection, camps on awareness like importance of cleanliness in slum area, social activities like giving cloths to poor etc.(One activity per group where Team work shall be exhibited)
	2nd	4. GROUP DISCUSSION AND INTERVIEW TECHNIQUES <i>Group Discussion:</i> Introduction to group discussion, Ways to carry out group discussion, Parameters— Contact, body language, analytical and logical thinking, decision making <i>Interview Technique :</i> Dress, Posture, Gestures, facial expression, Approach Tips for handling common questions.

10th	1st	4. GROUP DISCUSSION AND INTERVIEW TECHNIQUES <i>Group Discussion:</i> Introduction to group discussion, Ways to carry out group discussion, Parameters— Contact, body language, analytical and logical thinking, decision making <i>Interview Technique :</i> Dress, Posture, Gestures, facial expression, Approach Tips for handling common questions.
	2nd	4. Mock Interview
11th	1st	4. Mock Interview
	2nd	4. Mock Interview
12th	1st	5. WORKING IN TEAM Understand and work within the dynamics of a groups. Tips to work effectively in teams, Establish good rapport, interest with others and work effectively with them to meet common objectives, Tips to provide and accept feedback in a constructive and considerate way , Leadership in teams, Handling frustrations in group.
	2nd	5. Discuss a topic in a group and prepare minutes of discussion.
13 th	1st	5. WORKING IN TEAM Understand and work within the dynamics of a groups. Tips to work effectively in teams, Establish good rapport, interest with others and work effectively with them to meet common objectives, Tips to provide and accept feedback in a constructive and considerate way , Leadership in teams, Handling frustrations in group.
	2nd	5. Discuss a topic in a group and prepare minutes of discussion.
14 th	1st	6. TASK MANAGEMENT Introduction, Task identification, Task planning , organizing and execution, Closing the task
	2nd	6. Deliver a seminar for 5 minutes using presentation aids on the topic given by your teacher.
15 th	1st	6. TASK MANAGEMENT Introduction, Task identification, Task planning , organizing and execution, Closing the task
	2nd	6. Deliver a seminar for 5 minutes using presentation aids on the topic given by your teacher.

Susmita Nayak
03/02/25
Lecturer

Sayk
03/02/25
HOD, Civil Engg. Dept.

[Signature]
03/02/25
Academic Co-ordinator

[Signature]
03/02/25
Principal
Govt. polytechnic Nabarangpur